

WISHING YOU ALL THE MOST WONDERFUL HOLIDAY SEASON!



CHRISTMAS DAY

Friday, December 25, 2020

Every year on December 25th, over 2 billion people around the world celebrate Christmas Day. Traditionally, Christmas is a celebration of the birth of Jesus Christ. Nonreligious people and those of different faiths celebrate the day as a cultural event. Today, Christmas is a public holiday in most countries.



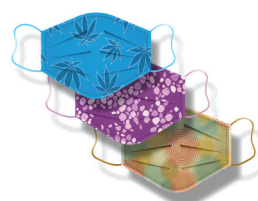
NEW YEAR'S EVE

Thursday,
December 31, 2020

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

DECEMBER ACTIVITIES

Requirements:
Facial Masks
and Social Distancing
(at least 6 Ft)



Requirements: Facial Masks and Social Distancing (at least 6 Ft)			9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Cardio Workout w/Cesar	1	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Zumba w/Saida	2	9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Yoga w/Denise	3	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Yoga w/Denise	4		5
6	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Yoga w/Denise	7	9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Cardio Workout w/Cesar	8	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Zumba w/Saida	9	<i>Hanukkah (begins at sundown)</i> 9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Yoga w/Denise	10	9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Yoga w/Denise	11		12
13	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Yoga w/Denise	14	9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Cardio Workout w/Cesar	15	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Zumba w/Saida	16	9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Yoga w/Denise	17	<i>Ugly Christmas Sweater Day</i> 9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Yoga w/Denise 10:45 Hot Cocoa Bar at the Promenade	18		19
20	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Yoga w/Denise	21	9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Cardio Workout w/Cesar 10:45 a.m. Holiday Cider Celebration at the Promenade	22	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Zumba w/Saida	23	<i>Christmas Eve</i> 9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Yoga w/Denise	24	<i>Christmas Day</i> Closed	25		26
27	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Yoga w/Denise	28	9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Cardio Workout w/Cesar	29	9:00-9:40 a.m. Zumba w/Saida 10:00-10:40 a.m. Zumba w/Saida	30	<i>New Year's Eve</i> 9:00-9:40 a.m. Cardio Workout w/Cesar 10:00-10:40 a.m. Yoga w/Denise	31	ALL EXERCISE CLASSES ARE OUTDOOR, AT THE PROMENADE. ALL CLASSES ARE OPEN TO THE RESIDENTS OF THE ANGELUS PLAZA ONLY. CLASSES are limited to 15 people only.			