






CELEBRATING CINCO DE MAYO! HAPPY MOTHER'S DAY!



ACTIVITIES CALENDAR

 <p>Monday, 5/10 at 2:00 p.m. Mother's Day Concert w/Mike & Mindy (Promenade)</p>		 <p>Friday, 5/28 at 2:00 p.m. Resident Birthday Celebration w/Yolly (Promenade)</p>		<p>Reminder: Please wear FACIAL MASKS and keep 6 ft social distance when you are outdoors.</p> 		<p>ALL EXERCISE CLASSES ARE OUTDOOR, AT THE PROMENADE. ALL CLASSES ARE OPEN TO THE RESIDENTS OF THE ANGELUS PLAZA ONLY</p>	
2	3	4	5	6	7	8	9
LA Hope Church services (Promenade) 11:00 am - 12:00 pm	Zumba Gold (Promenade) 9:00 - 9:45 a.m. 10:00 - 10:40 a.m.	Tai-Chi (Promenade) 8:30 - 9:15 a.m. Move with Music (Promenade) 9:30 - 10:00 a.m.	<i>Cinco de Mayo</i> Zumba Gold (Promenade) 9:00 - 9:45 a.m. 10:00 - 10:40 a.m. 	Cardio Workout (Promenade) 9:00 - 9:40 a.m. Balance Exercise (Promenade) 9:50 - 10:40 a.m.	Tai-Chi (Promenade) 8:30 - 9:15 a.m. Cardio Workout (Promenade) 9:30 - 10:00 a.m. Body Moves for Better Health (Promenade) 10:15 - 10:45 a.m.		
<i>Mother's Day</i> LA Hope Church services (Promenade) 11:00 am - 12:00 pm 	10	11	12	13	14	<i>Armed Forces Day</i> 	15
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16	17	18	19	20	21	22	23
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24	25	26	27	28	29	30	31
Zumba Gold (Promenade) 9:00 - 9:45 a.m. 10:00 - 10:40 a.m. <i>Memorial Day</i> We are Closed 	Tai-Chi (Promenade) 8:30 - 9:15 a.m. Move with Music (Promenade) 9:30 - 10:00 a.m.	Zumba Gold (Promenade) 9:00 - 9:45 a.m. 10:00 - 10:40 a.m.	Cardio Workout (Promenade) 9:00 - 9:40 a.m. Balance Exercise (Promenade) 9:50 - 10:40 a.m.	Tai-Chi (Promenade) 8:30 - 9:15 a.m. Cardio Workout (Promenade) 9:30 - 10:00 a.m. Body Moves for Better Health (Promenade) 10:15 - 10:45 a.m.			